

Pathfinder Name _____

Pathfinder Class _____

Castle Hill Pathfinders 2020 Revised Curriculum - Seniors

Pathfinders 2020 is looking a little different as we deal with the effects of COVID19. As such we are going to be missing a few Pathfinder events for the year. At this stage we are unsure when we will be able to meet again as a club. So, in the meantime and in order to be invested, we need you to complete some requirements at home.

Below is a list of activities / honours with links on how to complete them (make sure you keep all your evidence to be submitted). We have allocated hours against each activity. You can pick and choose activities that are interesting to you, or that you wish to learn about. We need you to complete a **total of 15 hours** until we can meet again in person. Remember, take photos, keep logs, make notes and fill in worksheets in order to provide enough evidence to your Pathfinder Leaders and ultimately District Directors that you have adequately completed each activity.

	Activity	Links	Hours counted	Information on how to record evidence
1	Be involved in a fitness program for 4 days a week over a period of 4 weeks. (minimum 15minutes per day)	Physical Activity Log	2 hours	complete and submit log (Note: hours are assigned based on undertaking a fitness program not how many hours you spent exercising)
2	Watch "Living More Happy" talk by Darren Morton	University Chapel Darren Morton (October 31, 2019)	1 hour	Write out a couple of sentences of what inspired you from the talk and that you may wish to try out.
3	Create and post (no less than five social media posts) that promote positive lifestyle during the time of social isolation.		30 min	Take screen shot of posts
4	Select a biographical book of a notable leader past or present and read or listen to it and complete a book review.		3 hours	Book review can be written or verbal consisting of 350 words or 3-4 minutes of video.

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5	Watch some of the "What do You Think" videos. You can then either have a group discussion (which you can arrange with some of your class members) or just summarise your own thoughts on the discussion questions.	WHAT DO YOU THINK? Videos	1 hour each	Complete the corresponding discussion guides: WHAT DO YOU THINK? Discussion
6	Read Matt 28 :18-20 and then watch the video on sharing Jesus with others	https://www.youtube.com/watch?v=1VUyn9SBS4I	30 min	Write out one verse of Matt 28:18-20 and keep in your portfolio for handing in
7	Pitch a tent in your backyard. Bonus hour if you spend the night sleeping in your tent.		1 hour (+1 bonus)	Take a photo of yourself in your tent.
8	Complete 1 recreational honour not previously earned.	Pathfinder Honors	2 hours	Submit completed requirements of honour and take photos or video of yourself undertaking the activity.
9	Serve someone in your home by doing something for them that you would not normally do. This should be done over a period of time and involve some preparation and sacrifice on your behalf.		2 hours (max)	Write a report of what you did, or take a series of pictures explaining what you did or make a short video outlining the service you were involved in.
10	Plan, prepare and give someone a meaningful gift - this must be made, not bought.		1 hour	Take a photo of the gift you made and write a couple of lines for your portfolio as to why this gift was meaningful
11	Read through this Story of the 4 minute mile and see how long it takes you to run a Mile (1 mile = 1.6km)	https://www.dropbox.com/s/zd3tveybxbe68xs/4%20Minute%20Mile.pdf?dl=0	1 hour	Get your parent to time you doing this 3 times (on different days), then record your fastest time
12	Participate in the ANZAC dawn service at the end of your driveway		1 hour	Take a photo in your Full Dress uniform
13	Complete any arts / craft honour of your choosing - check with your parents that it is ok before you start	https://www.pathfindersonline.org/honors/arts-crafts-and-hobbies	up to 4 hours ea (max)	Take photos along the way of what you did and the final product. Record how long you spent on working on the art/craft
				Worksheets are available here - print off worksheet, complete and send to Pr Yates for certificate, then put certificate in portfolio OR submit worksheet in portfolio

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14	Complete one of the honours that Pr Yates has been preparing on You Tube	<p><u>Coral Reef Honour -</u> https://www.youtube.com/watch?v=Kua1yUdYSbA&t=195s</p> <p><u>Prayer Honour (part 1) -</u> https://www.youtube.com/watch?v=c9E7_Z7LvNw&t=16s</p> <p><u>Bible Marking Honour -</u> https://www.youtube.com/watch?v=H7o2skOMItI&t=71s</p> <p><u>The Waterfall Honour -</u> https://www.youtube.com/watch?v=wSztI_lqRLg&feature=youtu.be&fbclid=IwAR1S7DYzc09ZWaLMkI_f_bKl_gSziXLkMcBiFmb2-kSLpiYpc1i5awrypoCI</p> <p><u>Camp Safety Honour -</u> https://www.youtube.com/watch?v=CKseOEd-T44</p>	1 hours each	<p>Coral Reef Honour Worksheet https://www.dropbox.com/s/gn9dcb7a9q7pclm/The%20Reef%20Honour%20Worksheet%20copy.pdf?dl=0</p> <p>Prayer Honour Worksheet https://www.dropbox.com/s/dkax21zsnig9myj/The%20Prayer%20Honour%20Worksheet%20copy.pdf?dl=0</p> <p>Bible Marking Worksheet https://www.dropbox.com/s/s41vndd5siwlb47/The%20Bible%20Marking%20Honour%20Worksheet%20copy.pdf?dl=0</p> <p>Camp Safety Honour Worksheet https://www.dropbox.com/s/v3y7oggtufoglw/The%20Camp%20Safety%20Honour%20Worksheet.pdf?dl=0</p> <p>The Waterfall Honour Worksheet https://www.dropbox.com/s/ouhez0i1cqoozcn/The%20Waterfall%20Honour%20Worksheet.pdf?dl=0</p>